



# Fountain of Life House of Worship

VISION 2026 "POSSESSING THE PROMISE"

*"Fountain, Anywhere and Everywhere"*



January 2026

21 Day Modified Daniel Fast

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>  <b>Happy New Year</b>	<b>2</b> Matthew 5:6 Prepare to Fast & Pray
<b>5 Fasting &amp; Prayer</b> Joel 1:14 A Consecration Call	<b>6 Fasting &amp; Prayer</b> Daniel 10:2-3 The Fasting Discipline	<b>7 Fasting &amp; Prayer</b> Matthew 4:1-2 Jesus Our Fasting Example	<b>8 Thankful Thursday</b> <b>Fasting &amp; Prayer</b> Psalm 2:8 - Ask of God & He will give	<b>9 Fasting &amp; Prayer</b> Psalm 5:1-3 Early Morning Prayer
<b>12 Fasting &amp; Prayer</b> Jonah 3:5-6 The People Believed and Fasted	<b>13 Fasting &amp; Prayer</b> Ezra 8:21-23 Humility, Fasting and Prayer for Protection	<b>14 Fasting &amp; Prayer</b> Joel 2:12-13 Fasting & Repentance in Troubling Times	<b>15 Thankful Thursday</b> <b>Fasting &amp; Prayer</b> Psalms 34:6-7 God Hears, Saves & Delivers	<b>16 Fasting &amp; Prayer</b> Joshua 3:5 Sanctify Yourselves and See Wonders
<b>19 Fasting &amp; Prayer</b> <b>No Morning Manna</b> 	<b>20 Fasting &amp; Prayer</b> Mark 9:28-29 Casting Out by Prayer & Fasting	<b>21 Fasting &amp; Prayer</b> Acts 13:2-3 Prayer, Fasting and Separation for Ministry	<b>22 Thankful Thursday</b> <b>Fasting &amp; Prayer</b> Psalm 69:13-14 An Acceptable Prayer Time	<b>23 Fasting &amp; Prayer</b> Acts 10:30-31 Prayers and Fasting are Heard
<b>26 Genesis 12:1-3</b> Promise to Possess the Land	<b>27 Genesis 13:17</b> The Land God Has Given is Yours	<b>28 Deut. 26:8-10</b> First Fruits Offering of Thanksgiving	<b>29 Thankful Thursday</b> Genesis 26:11 Congregational Rejoicing	<b>30 Deut. 11:24-25</b> The Territory is Yours

Fasting & Prayer  
Saturday/Sunday

**Isaiah 58**  
10<sup>th</sup> Verse 6-8  
11<sup>th</sup> Verse 13-14

**Esther 4**  
17<sup>th</sup> Verse 2-3  
18<sup>th</sup> Verse 15-16

**Nehemiah 1**  
24<sup>th</sup> Verse 3-4  
25<sup>th</sup> Verse 10-11

*The Modified Daniel Fast includes plant-based meals as we worship, sacrifice and pray congregationally. The following are examples of the categories of foods to eat: Whole grains, Beans/Legumes, Nuts/seeds, Vegetables, Fruit, Poultry/eggs, Fish, Water-ONLY Eliminate Processed Foods, Sugars, Fried Food, Meats, Coffee/Tea/Soda etc..*

Services: Sunday 10AM MST  
In Person & Streaming

*"A Place Where Everyone is Loved"*  
*Bishop Bertrand & Lady Jeannette Russell*  
 8838 S. 2nd Ave., Phoenix, AZ 85041  
 (602) 305-8600 - www.folhow.org

Streaming Bible Class:  
Wednesday 7pm MST  
Noon Day Study 12pm