

# 40 DAYS Of: Prayer & Fasting

**2022 "The Year of the Open Door"**  
*Isaiah 22:22; 1 Corinthians 16:9; Revelation 3:7-8*



*Fountain of Life House of Worship*



*Fountain of Life*  
HOUSE OF WORSHIP

*Bishop Bertrand Russell, Jr.*  
*Lady Jeannette Russell*

*"A Place Where Everyone is Loved"*

## The Year of the OPEN DOOR

40 Days of Prayer & Fasting



**March 1st 2022  
Through  
April 9th 2022**

*Soul Winning  
Financial Empowerment  
The Power of Prayer  
Equipping & Building  
the Saints*



**2022**



# 2022 Vision of the House

## THEME: THE YEAR OF THE OPEN DOOR

Isaiah 22:22; 1 Corinthians 16:9; Revelation 3:7-8

**Praise The Most High for 2022!** There were many challenges you encountered in 2020 and 2021, and the purpose was to shake your faith and break your spirit. Even though you survived those challenges, the plan of the enemy was to render you physically weak and emotionally and spiritually discouraged so that you would be tempted to quit and abandon your assignment. The enemy knows that once you make it into 2022, you will take advantage of the tremendous God-ordained opportunities 2022 brings.

**In 2022, you will reset, reboot, reactivate, recalibrate, realign and reimagine** as you take your faith to a level you have never experienced. All creation is about to see the manifestation of the sons and daughters of God in the earth. I declare that 2022 is "The Year of the Open Door." Biblically, the number 2 represents the principles of agreement, unity, and multiplication. The people of God should therefore agree with the Word of God and know that God has placed power in their hands to supernaturally multiply things.

**In 2022, the Anointing will become more evident among the Lord's people.** The Lord is raising a remnant in 2022 who will walk in His supernatural authority and will be on fire with His Glory! His Shekinah Glory will descend and rest in the marketplace, offices, in churches and in our homes in ways that His creation has never seen. People will be saved, healed, and transformed by His great power!

**In this year of The Open Door, the Lord is about to bless and pour into you power, wisdom, and insight beyond what you've seen.** Keep your eyes on Him, and He will cause you to do what you have never done. He will cause you to master your circumstances and conquer your situations.

You and I together will do great and mighty things in 2022. As heaven is shaken, you will be empowered to shake where you are in the earth. The Lord is about to do his greatest work in this generation.

1. **The Most High is not limited by what you are facing;** He is only limited by what you're believing!
2. **Anything the Most High has ever done, He can do again,** and anything He's done for anyone else, He can do for you!
3. **The Most High wants to bless you in a major way,** but you're not ready for the blessing until the blessing is no longer your major priority!
4. **The next level of your life is too significant to be distracted! Keep your eyes on Him!**

**It has been spoken; now let it be manifested in the earth!**

For the vision is yet for an appointed time; Habakkuk 2:3a "WAIT ON It"



**FOLHOW**  
Senior Housing  
Gym Facility

## Fasting Overview

**Seeking - Sacrifice - Salvation - Sanctification**

### FOUNTAIN OF LIFE 40 DAYS OF PRAYER AND FASTING

*And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?" So He said to them, "This kind can come out by nothing but prayer and fasting." MARK 9: 28-29*

As we approach one of the holiest days on the Christian calendar, Resurrection Sunday, we commemorate this sacred time in prayer and fasting. We set aside conveniences and pleasures seeking the Lord and separating our spiritual, mental, physical and relational lives. *Our fasting and prayer will be inclusive of abstaining from individual pleasures and indulgences, affording us additional time for prayer, meditation and spiritual alignment.*

**Why 40 days of prayer and fasting?** This intercessory sanctification in fasting and prayer was initially introduced at Shavuot/Pentecost as God gave the Torah at Mount Sinai. Moses was asked by the people to seek, secure God's Word. (*Exodus 24:18 & Deuteronomy 9:9;18-19*) We also see the biblical record of the 40 days Jesus spent fasting in the desert, prior to the start of His public ministry. In His 40 day fast he was consistently tempted by satan to forfeit His redemptive ministry purpose. (*Matthew 4; 1-11; Mark 1:12-13 & Luke 4:1-13*)

**Commonality in a 40 day fast varies in Christian denominations worldwide.** It affords us a time of adjoining fellowship. Yet we do not participate in their multiple sacraments, observances, instead we set aside this time to worship, pray, praise, reinforce our faith and prepare for 'Open Door' ministry. We reflect on the price Jesus paid, the salvation we received as He prepared in prayer and fasting before moving forward in purpose. In this year of 'Open Doors' some issues, relationships and practices must be left behind for they will not fit in our new spaces.

**Our time of fasting will not be the traditional 'Daniel Fast'.** Due to our diversities of dietary and life patterns we will abstain from pleasures actually enjoyed and that consume our time. Instead, we will commit our time to seeking the Lord and abstaining from daily pleasures. Perhaps it will be abstinence from meat, dairy, sweets and caffeine. We may limit social media, gaming, television, socialization, and excess spending. We can increase our study, meditation, physical exercise and family time.

**Our time of fasting and prayer draws us closer to God.** (*James 4:8*) We receive God's direction (*Proverbs 3:5-6*) and increase our faith, spiritual wisdom, enlightenment, knowledge, revelation and be empower to live the abundant God-life in and on purpose. (*Ephesians 1:15-21*)

# Fasting Calendar

<b>March 1st</b>	Joel 1:14	Sanctify a fast
<b>March 2nd</b>	Joel 2:15	Sound the alarm
<b>March 3rd</b>	Exodus 34:28	Moses, the first to fast
<b>March 4th</b>	1 King 21:9	Those that are against us fast
<b>March 5th</b>	2 Chronicles 20:3	Fasting instead of fearing
<b>March 6th</b>	Ezra 8:21	Seeking God for the right way
<b>March 7th</b>	Esther 4:16	Fasting to save a nation
<b>March 8th</b>	Isaiah 58:3	Fasting with right motives
<b>March 9th</b>	Jeremiah 14:12	Circumstances under which He will not hear us
<b>March 10th</b>	Jeremiah 36:9	Fasting to return from an evil way
<b>March 11th</b>	Jonah 3:5	Proclaiming a fast to turn from evil ways
<b>March 12th</b>	Zechariah 7:5	Execute true judgment and show mercy and compassion
<b>March 13th</b>	Zechariah 8:19	Fasting for joy and gladness
<b>March 14th</b>	Matthew 4:2	Fasting before the start of your ministry
<b>March 15th</b>	Matthew 6:16	Fasting etiquette
<b>March 16th</b>	Luke 18:12	Fasting for humility
<b>March 17th</b>	Acts 27:9	Fasting allows us to see clearly
<b>March 18th</b>	Exodus 29:9	Consecrate the people of God
<b>March 19th</b>	Exodus 29:33	Consecration and sanctification for holiness
<b>March 20th</b>	Exodus 30:30	Consecration for Ministry

# Fasting Calendar Continued

March 21st	Exodus 32:29	Consecration for a blessing
March 22nd	Leviticus 8:33	Consecration takes time
March 23rd	Leviticus 16:32	Consecration for atonement
March 24th	Numbers 6:12	Consecration for separation
March 25th	1 Chronicles 29:5	Willingness to Consecrate
March 26th	Micah 4:13	Consecration strengthens us
March 27th	Exodus 19:10	Consecration allows us to see God
March 28th	Leviticus 8:12	Consecration for the service of the Lord
March 29th	Leviticus 20:7-8	Consecration for holiness
March 30th	Leviticus 21:8-15	Consecration to avoid defilement
March 31st	Leviticus 22:16	It is The Lord who Sanctifies
April 1st	Joshua 3:5	Sanctify so that the Lord may do wonders
April 2nd	Joshua 7:13	Sanctification from every accursed thing
April 3rd	I Samuel 16:5	Sanctification to be among the chosen
April 4th	I Chronicles 15:12	Sanctification to handle the Glory
April 5th	1 Thessalonians 5:23	It is God Himself Who Sanctifies Us Completely
April 6th	Hebrew 13:12	Jesus' Blood Sanctifies
April 7th	1 Peter 3:15	Sanctify The Lord God in Our Hearts
April 8th	John 17:17	Jesus prays for our Sanctification
April 9th	Ephesians 5:26	We Are Sanctified by the Washing of The Word

# The Closing Fast Statement

## WHY FAST?

Biblical fasting is setting yourself apart from the normal routines of daily life, abstaining from foods, activities and pleasures for a period of time for a spiritual purpose – the purpose of communication, revelation, and deepening our relationship with the Lord. It is a discipline having the power to release the anointing, favor, and blessing of God in the life of a Christian. In Matthew 6, Jesus talks about three duties of every Christian: giving, praying, and fasting. Notice in the scripture reference below He doesn't use the word "if". God uses the word "when" just like He does in other parts of Matthew chapter 6 when He talks about praying and giving. These are the three duties Jesus teaches early in His ministry. They weren't only an introductory statement, choice or an option here in Chapter 6...They were directives on how we live our life of faith.

Moreover, **when you fast**, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, **when you fast**, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place, and your Father who sees in secret will reward you openly. Matthew 6:16-18

## SPECIAL NOTE:

Fasting is **NOT** just going without food for a period of time. That's called dieting. And fasting is not just done by ministers or during special occasions. It is done anytime you want to draw closer to God.

Jesus taught us to fast. Jesus fasted 40 days. Moses fasted 40 days, Daniel fasted 21 days. The apostle Paul fasted for 14 days. Peter fasted for 3 days. Joshua fasted for 40 days. many of the major characters in the Bible had their lives seasoned with a time of prayer and fasting.

When we fast and pray we connect with God's assignment for our life. If we don't fast and pray, we will not connect with His mission.

You miss the whole point if your fast is not turning your regular world completely away. Pull away and get alone with God. Talk to Him about your fears, your needs. Just talk to Him and listen for His response and directions. **Pray and Fast.**

## LET THE CONSECRATION CONTINUE



- ⇒ Fasting Elevates Worship
- ⇒ Fasting results are not always immediate; they can be preparatory aligning us for future deliverances.
- ⇒ Fasting is not a one time discipline, it should promote a lifestyle which expands our worship.
- ⇒ Fasting enlarges our receptivity, capacity, empowers and activates our worship and ministry effectiveness.
- ⇒ Fasting hunger and longing discomforts, should cause us to seek the presence and purpose of God.

***Fasting is God's spiritual tool to advance His kingdom, change the destiny of nations, spark revival, and bring victory in people's lives.***

***As we deny ourselves natural cravings and worldly distractions, we become more sensitive to God's voice and we are better able to focus on God and submit to His will.***



*Fountain of Life*  
HOUSE OF WORSHIP

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**In Person & Streaming Services :**

**Sunday 10am MST**

**Streaming Bible Class— Wednesday @ 7pm MST**

**Midweek Noon Day Study @ 12pm MST**  
**Phone: (605) 313-4812 - Access Code: #859366**

**Morning Manna Prayer @ 6:30am MST**  
**Phone: (605) 313-4812 - Access Code: #859366**

**For Additional Information Contact:**  
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